

Founded in 1981, BalletNova Center for Dance (previously Arlington Center for Dance) is widely regarded as a premier dance education center of Metro DC. BalletNova is dedicated to educating and mentoring dancers in a positive, nurturing environment. The school instills in its students an understanding that they can push themselves and reach their fullest potential while still caring for their bodies, balancing their lives, and learning healthy life habits.

Intro Workshops

New to Ballet?

Try out these 4 week introductory workshops!

These classes are intended for students who are new to the dance forms.

Tuition \$60 per session

Intro to Ballet with Danielle King

Wed 7:15-8:15 pm

Session #1	Sept 5-26
Session #2	Oct 3-24
Session #3	Oct 31-Nov 28 (no 21)
Session #4	Jan 2-23

Please see website for detailed class and policies information. Tuition is not refundable. Make ups are allowed in the same workshop if a class is missed. Walk-in, ClassPASS accepted.



BalletNova Center for Dance

Constance Walsh, Principal of Pre-Professional Program
Director of Enrichment & Adult Divisions
Jenna Ward, Managing Director
Deko Ruch, Registration & Front Desk Manager
Kacie Peterson, Program Manager

Faculty

Candy Braden Lumpkin
Cindy Bragg
Colleen Buck
Silvia Burstein
Carole Ann Clark
Sabrina Cohn
Christiane Cristo-Ezewoko
Shu-Chen Cuff
Leslie Egge
Becky Epstein
Pat Foreman
Fiona Green
Samantha Greymont
Christina Huertas
Danielle King
Jeremy McShan
Harriet Moncure Fellows
Lynne Mulligan
Carmen Perez
Mark Rubin
Kyoko Ruch
Elizabeth Spatz
Meredith Swift
Veronique Kim Tran
Ann-Marie Turnage
Elizabeth Watson Childers
Maria Watson
Irina Wunder
Hillary Zeiss



Adult Division

Fall 2018



BalletNova Center for Dance
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Falls Church, VA 22041
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ADULT CLASS SCHEDULE

September 4, 2018—February 3, 2019 (20 weeks)

Subject to change

Monday

10:45-11:45 am 252-Floor Barre (Rubin)
11:45am-1:00pm 208-Advanced Beginning Ballet (Perez)
6:15-7:30 pm 204-Beginning Ballet (non-beg) (Walsh) w/pianist
7:30-9:00 pm 247-Intermediate Contemporary (Greymont)
7:30-9:00 pm 217-Intermediate Ballet (Walsh) w/pianist

Tuesday

10:00-11:15 am 205-Beginning Ballet (non-beg) (Perez)
10:00-11:30 am 218-Intermediate Ballet(Moncuré Fellows)w/pianist
10:00-11:30 am 246-Advanced Beginning Modern/Improv (Burstein)
11:30-12:45pm 202-50+ Basic Ballet (Burstein)
11:45am-1:00pm 209-Adv. Begin. Ballet (Moncuré Fellows) w/pianist
6:15-7:30 pm 235-Advanced Tap (Braden)
7:15-8:30 pm 245-Beginning Modern (Greymont)
7:30-8:45 pm 233-Intermediate Tap (Braden)
7:30-9:00 pm 210- Advanced Beginning Ballet (Cuff) w/pianist

Wednesday

10:45-11:45 am 253-Floor Barre (Rubin)
11:45 am-1:00 pm 211-Advanced Beginning Ballet (Rubin)
7:00-8:00 pm 232-Advanced Beginning Tap (Braden)
7:30-8:30 pm 240-Beginning Jazz (Styles)
7:15-8:15 pm *Intro to Ballet Workshop (King)
7:30-8:45 pm 206-Beginning Ballet (non-beg) (Tran)
7:30-9:00 pm 242-Intermediate Theater Dance (Watson)
8:00-9:00 pm 230-Basic Beginning Tap (Braden)

*Intro 4 wk Workshop—Accepts ClassPASS. Please verify its being held.

Thursday

9:00 am-10:00 am 231-Beginning Tap (Braden)
10:00-11:30 am 220-Intermediate Ballet (Burstein) w/pianist
10:15-11:15 am 234-Intermediate Tap (Braden)
11:30 am-12:45pm 203-50+ Basic Ballet (Tran)
11:30 am-12:45 pm 236-Advanced Tap (Braden)
11:45 am-1:00 pm 212-Adv Beginning Ballet (Burstein) w/pianist
6:30-7:30 pm 243-Beginning Hip Hop (McShan)
7:30-8:45 pm 244-Beginning Theater Dance (McShan)
7:30-8:45 pm 200-Basic Ballet (Tran)
7:30-9:00 pm 213-Advanced Beginning Ballet (Walsh) w/pianist
7:30-9:00 pm 241-Intermediate Jazz (Greymont)

Friday

10:00-11:30 am 223-Advanced Intermediate Ballet (Perez)
11:45-1:00 pm 207-Beginning Ballet (non-beg) (Perez)
6:30-8:00 pm 214-Advanced Beginning Ballet (Burstein)
8:00-9:00 pm 261-Beginning Pointe (Burstein)

Saturday

8:15-9:30 am 260-Flex Stretch (Lewis)
9:00-10:15 am 201-Basic Ballet (Sullivan)
9:30-11:00 am 215-Adv Beg Ballet (Wunder) w/pianist
10:00-11:00 am 257-Cardio Barre (Foreman)
11:15-12:15 pm 258-Conditioning for Ballet (Foreman)
12:30-2:00 pm 221-Intermediate Ballet (Burstein)
Sunday
10:00-11:30 am 224-Adv Intermediate Ballet (Walsh) w/pianist
10:15-11:15am 251-Dance Cardio (Wunder)
11:30 am-12:30 pm 255-Pilates with props (Foreman)
11:30 am-1:00 pm 216-Adv Beginning Ballet (Walsh) w/pianist
1:00-2:15 pm 256-Yoga Based Stretch (Walsh)

TUITION AND PAYMENT OPTIONS

~ All classes OPEN to walk-ins! ~

Single Walk-in and Trials: \$20 per class
ClassPASS

(NON-TRANSFERABLE . NON-REFUNDABLE . EXPIRES)

- 5-class PASS: \$95 (good for 180 days)
- 10-class PASS: \$175 (good for 180 days)
- Unlimited Monthly PASS: \$245 (good for 30 days)
- Unlimited Use PASS: \$750 (good for 120 days)

Alumni CD Dancer Rate: \$10 per class

Private lessons: \$100 per hour; \$50 per ½ hour (subject to additional fees based on type of lesson and instructor)

Enrollment only accepted for *Intro Workshop: \$60 for 4 wk session

Payments accepted by cash, check or credit card (\$25 fee for returned checks).

What you need to know - Please read carefully

- ◆ All students **must check in** at the front desk prior to class.
- ◆ **Online PORTAL:** Remaining ClassPASS amounts can be checked and a new one purchased at **BalletNova.org/portal** with your log in name (email address in our system) and **assigned PASS-WORD**. No idea? Please contact us at info@BalletNova.org.
- ◆ **Late Arrival:** Accepted up to 10 min late. We appreciate your not disrupting the class for the teacher and other students.
- ◆ **Cancellation:** BalletNova reserves the right to cancel a class for the remainder of the semester due to low attendance. Cancellation will be posted online at Adult Daily Class Schedule.
- ◆ **Injury & Sickness:** Medical credit may be considered upon receiving a note from the doctor/PT treating your injury/sickness.
- ◆ **Weather** related cancellations and closings will be posted on our web site.
- ◆ **Unaccompanied children** may not wait in the premises. Please make an arrangement for them outside of the studio.