

Founded in 1981, BalletNova Center for Dance (previously Arlington Center for Dance) is widely regarded as a premier dance education center of Metro DC. BalletNova is dedicated to educating and mentoring dancers in a positive, nurturing environment. The school instills in its students an understanding that they can push themselves and reach their fullest potential while still caring for their bodies, balancing their lives, and learning healthy life habits.

Intro Workshops

New to Ballet?

Try out these 4 week introductory workshops!

These classes are intended for students who are new to the dance forms.

Tuition **\$60** per session

Morning Intro to Ballet

with **Silvia Burstein**

Mon 11:45 am-12:45 pm

Session #1	Feb 4-25
Session #2	Mar 4-25
Session #3	Apr 1-22
Session #4	Apr 29-May 20
Session #5	Jun 3-24

Evening Intro to Ballet

with **Danielle King**

Wed 7:15 - 8:15 pm

Session #1	Feb 6-27
Session #2	Mar 6-27
Session #3	Apr 3-24
Session #4	May 1-22
Session #5	May 29-June 19

Please see website for detailed class and policies information. Tuition is not refundable. Make ups are allowed in the Intro Workshop only if a class is missed. Walk-in, ClassPASS accepted.

BalletNova Center for Dance

Constance Walsh, Principal of Pre-Professional Program

Director of Enrichment & Adult Divisions

Jenna Ward, Managing Director

Deko Ruch, Registration & Front Desk Manager

Kacie Peterson, Program Manager

Faculty

Candy Braden Lumpkin

Cindy Bragg

Colleen Buck

Silvia Burstein

Carole Ann Clark

Sabrina Cohn

Shu-Chen Cuff

Leslie Egge

Becky Epstein

Pat Foreman

Samantha Greymont

Danielle King

Jeremy McShan

Harriet Moncure Fellows

Lynne Mulligan

Carmen Perez

Da'Shawn Rawl

Melanie Riffie

Mark Rubin

Kyoko Ruch

Elizabeth Spatz

Meredith Swift

Veronique Tran

Ann-Marie Turnage

Maria Watson

Irina Wunder

Hillary Zeiss



Adult Division

Winter Spring 2019



BalletNova Center for Dance

3443 Carlin Springs Road

Falls Church, VA 22041

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info@balletnova.org

ADULT CLASS SCHEDULE

February 4 - June 23, 2019 (20 weeks)

Subject to change

Monday

10:45-11:45 am 352-Floor Barre (Rubin)
11:45am-1:00pm 308-Advanced Beginning Ballet (Perez)
11:45-12:45 pm *Intro to Ballet Workshop (Burststein)
6:15-7:30 pm 304-Beginning Ballet (non-beg) (Walsh) w/pianist
7:30-9:00 pm 347-Intermediate Contemporary (Greymont)
7:30-9:00 pm 317-Intermediate Ballet (Walsh) w/pianist

Tuesday

10:00-11:30 am 318-Intermediate Ballet(Moncure Fellows)w/pianist
10:00-11:30 am 346-Advanced Beginning Modern/Improv (Burststein)
11:30-12:45pm 302-50+ Basic Ballet (Burststein)
11:45am-1:00 pm 305-Beginning Ballet (non-beg) (Perez)
11:45am-1:00pm 309-Adv. Begin. Ballet (Moncure Fellows) w/pianist
6:15-7:30 pm 335-Advanced Tap (Braden)
7:15-8:30 pm 345-Beginning Modern (Greymont)
7:30-8:45 pm 333-Intermediate Tap (Braden)
7:30-9:00 pm 310- Advanced Beginning Ballet (Cuff) w/pianist

Wednesday

10:45-11:45 am 353-Floor Barre (Rubin)
11:45 am-1:00 pm 311-Advanced Beginning Ballet (Rubin)
7:00-8:00 pm 332-Advanced Beginning Tap (Braden)
7:15-8:15 pm *Intro to Ballet Workshop (King)
7:30-8:45 pm 306-Beginning Ballet (non-beg) (Tran)
7:30-9:00 pm 342-Intermediate Theater Dance (Watson)
8:00-9:00 pm 330-Basic Beginning Tap (Braden)

*Intro 4 wk Workshop—Accepts enrollment & ClassPass.

Thursday

9:00 am-10:00 am 331-Beginning Tap (Braden)
10:00-11:30 am 320-Intermediate Ballet (Burststein) w/pianist
10:15-11:15 am 334-Intermediate Tap (Braden)
11:30 am-12:45pm 303-50+ Basic Ballet (Tran)
11:30 am-12:45 pm 336-Advanced Tap (Braden)
11:45 am-1:00 pm 312-Adv Beginning Ballet (Burststein) w/pianist
6:30-7:30 pm 343-Beginning Hip Hop (McShan)
7:30-8:00 pm 344-Beginning Theater Dance (McShan)
7:30-8:45 pm 300-Basic Ballet (Tran)
7:30-9:00 pm 313-Advanced Beginning Ballet (Walsh) w/pianist
7:30-9:00 pm 341-Intermediate Jazz (Greymont)

Friday

10:00-11:30 am 323-Advanced Intermediate Ballet (Perez)
11:45-1:00 pm 307-Beginning Ballet (non-beg) (Perez)
6:30-8:00 pm 314-Advanced Beginning Ballet (Burststein)
8:00-9:00 pm 361-Beginning Pointe (Burststein)

Saturday

8:15-9:30 am 360-Flex Stretch (Lewis)
9:00-10:15 am 301-Basic Ballet (Sullivan)
9:30-11:00 am 315-Adv Beg Ballet (Perez) w/pianist
10:00-11:00 am 357-Cardio Barre (Foreman)
11:15-12:15 pm 358-Conditioning for Ballet (Foreman)
12:30-2:00 pm 321-Intermediate Ballet (Burststein)

Sunday

10:00-11:30 am 324-Adv Intermediate Ballet (Wunder) w/pianist
10:15-11:15am 351-Cardio Barre (Foreman)
11:30 am-12:30 pm 355-Pilates with props (Foreman)
11:30 am-1:00 pm 316-Adv Beginning Ballet (Wunder) w/pianist
1:00-2:00 pm 356-Conditioning for Ballet (Foreman)

TUITION AND PAYMENT OPTIONS

~ All classes OPEN to walk-ins! ~

Single Walk-in and Trials: \$20 per class
ClassPASS

(NON-TRANSFERABLE . NON-REFUNDABLE . EXPIRES)

- 5-class PASS: \$95 (good for 180 days)
- 10-class PASS: \$175 (good for 180 days)
- Unlimited Monthly PASS: \$245 (good for 30 days)
- Unlimited Use PASS: \$750 (good for 120 days)

Alumni CD Dancer Rate: \$10 per class

Private lessons: \$100 per hour; \$50 per ½ hour (subject to additional fees based on type of lesson and instructor)

Enrollment only accepted for *Intro Workshop: \$60 for 4 wk session

Payments accepted by cash, check or credit card (\$25 fee for returned checks).

What you need to know - Please read carefully

- ◆ All students **must check in** at the front desk prior to class.
- ◆ **Online PORTAL:** Remaining ClassPASS amounts can be checked and a new one purchased at **BalletNova.org/portal** with your log in name (email address in our system) and **assigned PASS-WORD**. No idea? Please contact us at info@BalletNova.org.
- ◆ **Late Arrival:** Accepted up to 10 min late. We appreciate your not disrupting the class for the teacher and other students.
- ◆ **Cancellation:** BalletNova reserves the right to cancel a class for the remainder of the semester due to low attendance. Cancellation will be posted online at Adult Daily Class Schedule.
- ◆ **Injury & Sickness:** Medical credit may be considered upon receiving a note from the doctor/PT treating your injury/sickness.
- ◆ **Weather** related cancellations and closings will be posted on our web site.
- ◆ **Unaccompanied children** may not wait in the premises. Please make an arrangement for them outside of the studio.

www.BalletNova.org