



NANCIE WOODS ARTISTIC DIRECTOR
CAROLINE FRANKIL WARREN, EXECUTIVE DIRECTOR

BalletNova Announces Grand Opening and Dedication of its New Black-box Theater for Dance – The Fredgren Studio Theater

PRESS RELEASE

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Fall Church, VA USA – 22041

BalletNova Center for Dance is proud to announce the grand opening and dedication ceremony for the Fredgren Studio Theater on Sunday, September 21, 2014 from 3:00 pm to 5:00 pm (by invitation only) at the BalletNova studios (3443 Carlin Springs Road, Falls Church, VA 22041).

The Fredgren Studio Theater is a black box-style theater designed for dance, the only one-of-its-kind available to the public in Northern Virginia.

The Fredgren Studio Theater features:

- Sprung wooden floor with non-slip Marley overlay
- Large performing area of 48' x 38'
- Intimate 150-seat audience area
- Fully equipped professional sound and lighting system
- Free, plentiful parking

After the ribbon cutting ceremony guests will be treated to performances by BalletNova dancers and local performers including:

- GinDance
- Teren Dickson and His B'Boys
- Alumni Jamison Foreman

The theater is being dedicated to Kathryn and Ken Fredgren, co-founders of Arlington Center for Dance and the Center Dance Company (1981), the predecessor of BalletNova Center for Dance. Kathryn Fredgren was the recipient of the 2013 Arts Achievement Award from the Arts Council of Fairfax County.

The Fredgren Studio Theater is available for rental, and has a significant discount for non-profits. BalletNova anticipates that the Fredgren will become an important community resource and

BALLETNOVA CENTER FOR DANCE. Phone: 703-778-3008. Fax: 703-778-3016. info@BalletNova.org. Website: www.BalletNova.org

Studio: 3443 Carlin Springs Road, Falls Church, Virginia 22041. Mailing: P.O. Box 5587, Arlington, VA 22205 .

Board of Directors. Naomi Pizarro, President; Brian Gradle, Craig Stephanson, Immediate Past Presidents; Karen Lewis, Vice President; Mohit Chopra, Treasurer; Shannon MacGregor, Secretary; Directors: Ann-Marie Bolton; Heather Cotter; Jennifer Walcott; Carole Ann Clarke, Faculty Liaison

encourage small dance, theater and music groups to increase their performance activities, and grow the impact of the arts presence in Northern Virginia.

A new scholarship has been created to further honor Kathryn and Kenneth Fredgren. The first winner of the first Fredgren Scholarship will be announced at the grand opening event. The Fredgren Scholarship for one year of full BNCD tuition is awarded to a BalletNova Conservatory Division student based on merit, talent, embodiment of the BalletNova core values of nurturing, respect, hard work, mutual support and positive attitude.

Anyone interested in contributing to the Fredgren Scholarship Fund can do so online at www.BalletNova.org/donate (or click on this link):

<https://www.networkforgood.org/donation/ExpressDonation.aspx?ORGID2=541293256&vlrStratCode=WpCOon9pjduoAFfzf%2f2xtE16SC2hoJgzVpbNFJKFzcKGfnjn9bQWpECsX1W%2fDMPm>

For rental information, contact Karinn Cologne at kcologne@balletnova.org, or check out the website at http://www.balletnova.org/events/?p_id=65.

About BalletNova Center for Dance:

The BalletNova Center for Dance (BNCD) mission is to provide a center of dance excellence in Northern Virginia, nurturing and training dancers of all ages, and offering superb community performances. BNCD is committed to the traditions started by school co-founder Kathryn Fredgren — training the "whole student." BNCD is dedicated to educating and mentoring dancers in a positive, nurturing environment and preserving the traditions of classical ballet through quality dance productions and education. BNCD believes strongly in treating every dancer with dignity and respect. The faculty and choreographers are firmly committed to training dancers of all ages in a caring, yet challenging, atmosphere.

About Kathryn Fredgren:

Through her vision and leadership, Kathryn Fredgren has brought the highest quality dance performances of classical ballet, contemporary and modern dance, jazz, and tap dance to thousands of children and adults in Northern Virginia over 30 years. An extraordinary and inspired teacher, Kathryn Fredgren graduated with a Bachelors of Fine Arts in Drama and Ballet from the University of Oklahoma. After marrying and moving to the DC area, she taught and choreographed for the Fairfax Ballet and several local dance schools. Together with her husband Ken Fredgren, Kathryn founded the Arlington Center for Dance and The Center Dance Company in 1981 (now known as BalletNova Center for Dance).

Kathryn approaches the arts as a way to improve our world, and her attitude that you have to train the whole person not just the body to make a dancer, is carried through today at BalletNova. Kathryn continues to share her knowledge of and love for dance as an artistic advisor, helping to guide the organization through its newest challenges.

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