

Our Young Children's classes are designed to allow young children to explore movement through music, develop physical skills, channel energy, and stimulate imagination and creativity. Dance training enhances cognitive learning skills like memory and communication.

The emphasis for each class is to learn good technique, improve strength and flexibility, and build a vocabulary of steps. Students are expected to work hard and challenge themselves to improve.

Classes for ages 9-16 offer an end of year performance in June. Students registering by March 1, with good attendance, will be invited to participate. *(Subject to change based on current conditions.)*

BalletNova Center for Dance

Matthew Powell, Artistic Director
Constance Walsh, Enrichment & Adult Programming
Madeline Dunn, Social Media & Marketing
Kathy Paczak, Operations Manager
Carmita Signes, Registrar
Elizabeth Spatz, Educational Outreach Coordinator

Faculty

Candy Braden Lumpkin
Cynthia Bragg
Colleen Buck
Silvia Burstein
Sabrina Cohn
Shu-Chen Cuff
Madeline Dunn
Leslie Durand
Becky Epstein
Danielle King
Abby Leithart
Jeremy McShan
Harriet Moncure Fellows
Lynne Mulligan
Clarissa Notto
Sophie Paczak
Melanie Riffée
Kelsey Rohr
Kyoko Ruch
Amy Tsui
Veronique Tran
Maria Watson
Irina Wunder

Since 1981, the BalletNova Center for Dance (previously Arlington Center for Dance) has been recognized as one of Northern Virginia and Metro DC's premier dance education centers. BalletNova is dedicated to educating and mentoring dancers in a positive, nurturing environment. The school instills an understanding that students can push themselves and reach their full potential while still caring for their bodies, balancing their lives, and learning habits for a healthy lifestyle.

Spring 2022 Youth/Teen Enrichment Classes

Feb 7 — Jun 26



BALLETNOVA
CENTER FOR DANCE

BalletNova Center for Dance
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www.balletnova.org

S P R I N G 2 0 2 2

Discovering Dance (Ages 3-4)

Th 4:30-5:15 pm
 Sa 10:00-10:45 am
 Su 10:00-10:45 am

Pre-Ballet 1 (Ages 4-5)

Tu 3:30-4:15 pm
 We 4:00-4:45 pm
 Sa 10:45-11:30 am
 Su 10:45-11:30 am

Pre-Ballet 2 (Ages 5-6)

Tu 4:15-5:00 pm
 We 4:00-4:45 pm
 Sa 11:30-12:15 pm

Ballet 1 (Ages 6-8)

Tu 5:00-6:00 pm
 We 4:45-5:45 pm
 Th 5:15-6:15 pm
 Sa 9:00-10:00 am

Ballet 2 (Ages 7-9)

Mo 4:00-5:00 pm
 Tu 6:00-7:00 pm
 We 4:45-5:45 pm
 Sa 10:00-11:00 am

Ballet 3/4 (Ages 9-12)

Sa 11:00-12:00 Ballet 3 (Beginning)
 We 5:45-6:45 pm Ballet 4 (Intermediate)

Boys Ballet

We 4:30-5:30 pm

Tap

Sa 12:15-1:00 pm Tap 1/2 (Ages 6-8)
 Sa 1:00-2:00 pm Tap 1 (Ages 9-12)
 Mo 5:00-6:00 pm Tap 2/3 (Ages 8-12)
 Mo 6:00-7:00 pm Tap 4 (Ages 10+)

Teen Ballet (Ages 12-17)

Sa 11:00-12:00 pm Beginning
 Sa 12:00-1:15 pm Intermediate

Teen Jazz & Hip Hop (Ages 12-17)

Sa 5:15-6:15 pm Mixed Level

Enrollment/Tuition

Tuition for the 19-week spring session is \$380. Installment option available, additional \$25 fee occurs. Tuition is not refundable (unless BalletNova cancels a class or workshop). BalletNova Center for Dance is a 501(c) (3) non-profit organization and cannot provide refunds if a student decides to voluntarily drop out of a class, they are still responsible for the full tuition. A \$25 registration fee will be assessed for all new students.

Enrollment for classes is on a first-come, first served basis. Class sizes are limited. New students are accepted throughout the semester on a prorated basis.

Attendance/Punctuality

Students who are more than 10 minutes late will be asked to return for a makeup class; missing the initial warmup can contribute to injury, latecomers also disrupt the class.


Please notify the studio if a dancer will be absent. Dancers can take a makeup class in an equivalent or lower level class. Makeup classes cannot be taken during observation periods. All makeup classes must be taken within the same session as the original missed class.

BalletNova's complete [Policies and Procedures](#) are available on our website.


Safety Policies


At the time of printing, masks are required at all times while at BalletNova. Parents/guardians/siblings are not allowed to wait in the building during class.

Young Children's 4-Week Workshops
Ages 4-6: Noon-12:45 (\$75)
Ages 5-7: 12:45-1:45 (\$100)




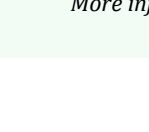
The Little Mermaid
January 9, 16, 23, 30





Raya and the Last Dragon
February 6, 13, 20, 27





Sleeping Beauty
Details coming soon...

More information available on our [website](#).

Contact us at info@balletnova.org with any questions.

Starts Feb-7

Spring Break Apr 10-17

Ends Jun-26